

## Positive Alternatives 2014 - 15 Quarterly Update

**Grantee: BIRTHLINE, INC.**

**Goal: Support, encourage and assist women in carrying their pregnancies to term and in caring for their babies after birth.**

**For the period: January to March, 2015**

<b>Activity or Service</b>	<b>Activity or Service Description</b> Major Work Plan Activities	<b>Work Plan Count</b>	<b>Program Progress and Accomplishments</b> Report the progress and accomplishments made this period on each activity.	<b>Report Count</b>
<b>Administrative Activities</b>	Complete grant forms and reporting requirements; attend grant meetings; provide guidance to grant staff		Completed all required forms. Continue training all grant staff for capacity building. Held training in safety for women with abusive partners.	
<b>Outreach</b>	Provide community education and build capacity		Maintain membership with the Chamber of Commerce. Presented to 2 civic groups.	
<b>Car Seat Program</b>	Discuss correct car seat installation with all Stepping Stones (SS) clients; provide opportunity to attend car seat class and select as incentive	46	All 29 new Stepping Stones clients received information on safe car seat installation and techniques through one to one session and Buckle Up brochure. These and the 50 ongoing Stepping Stones clients had the opportunity to take advanced car seat safety class and receive a car seat as incentive (8).	79
<b>Case Management Services</b>	Provide in-person follow-up to SS clients; provide in-person or telephone follow-up to clients receiving advocate services	50	There were 39 new intake/Advocate clients this quarter (in person and telephone follow up). <i>Note: 29 of the 39 new advocate clients enrolled in SS program and were not counted twice in case management.</i> New SS and ongoing SS clients (50) all received regular one to one follow-up / case management services.	89
<b>Crib Distribution/ Sleep Safety Education</b>	Provide safe sleep education to all women enrolled in the SS program; provide opportunity to select	46	29 new SS clients received Safe Sleep education in their information session. In addition, 14 of the ongoing SS clients enrolled in the Safe Sleep activity class. 7 pack-n-plays were selected as incentives.	43

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	crib as incentive			
<b>Education Assistance</b>	Provide encouragement and assistance to complete high school or higher education by means of education planning and referrals to counselors	5	All women are given the opportunity to receive assistance and encouragement to either complete their current educational plan or create a new plan. 12 women identified a desire for assistance to either finish high school or complete/begin college and participated in activities to move toward that goal.	12
<b>Employment Assistance</b>	Provide encouragement and assistance to improve employment status by referral to resources for career planning and by providing work stations for skills development and employment searches	12	Most of the women we serve identify themselves as under employed or not employed; all are encouraged to consider improving their employment situation. This quarter, 14 women received referrals, mentoring for skill development, and/or used our work stations for employment searches.	14
<b>Life-Skills Education Program</b>	Provide life-skills education classes, such as budgeting and relationship building	25	We provide a broad range of life skills classes including renting an apartment, debt reduction, budget planning, healthy relationship, and organizational courses. We also work with community agencies to provide classes at Birthline.	31
<b>Material Support</b>	Provide opportunity to receive \$25 voucher to on-site thrift store; provide emergency layette as needed	16	During our initial intake and discussion of necessary services, we determine the need for emergency support. This quarter, 14 women were given \$25 vouchers for the thrift store, and 6 of the same women also received an emergency layette with diapers and other infant necessities. 7 additional women received emergency diapers and supplies.	21

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<b>Mental Health</b>	Provide referral or assistance obtaining mental health assessment, counseling or treatment	4	During initial assessment and goal setting, 8 women reported a need for advanced mental health resources. Referrals and assistance were provided. In addition, 10 women focused on completing in-house activities to support their mental/emotional health.	8
<b>Parenting Education</b>	Provide classroom-based parenting programs, self-paced parenting videos; provide referrals and assistance in accessing additional education	35	37 women took a variety of parenting classes. This quarter, the average woman in the Stepping Stones program participated in 4 or more parenting classes for the quarter (More than one parenting education activity per month).	37
<b>Pregnancy Education</b>	Provide all SS clients information of smoking cessation, alcohol/drug cessation and prenatal nutrition; provide optional prenatal and childbirth education classes and doula services	40	29 new SS participants received one to one education on these prenatal health topics, as well as advanced classroom activities. 12 additional women attended Childbirth Education classes, 7 attended Doula information class and 4 of those women requested and received doula services.	48
<b>Transportation Assistance</b>	Provide opportunity to receive gas card or bus pass to travel to program services	5	All clients this quarter (89) were given the opportunity to receive gas cards or bus passes. This quarter, 4 clients requested gas cards and 2 clients were given emergency bus passes.	6
<b>Provide Necessary Services Assessments Only</b>	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	6	There were 7 women who received intake assessments consisting of securing necessary services only (did not want to sign up for our Stepping Stones services).	7

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	8
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	30
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	29
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	29
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	7
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	36

**Challenges:** Our Client Advocate received her Masters Degree and took another position in the area. Two other staff members worked additional hours to fill her duties while we searched for a new employee.

**Comments:** Last quarter our Stepping Stones enrollment was up over the average; this quarter we are slightly down over average.